



Mona Trapeze Linen Dress and Free Pattern Tutorial

Description





Even the simplest design can be transformed into something special. This cute little dress is a perfect example. With its loose-fitting trapeze silhouette, Mona features a couple of original details like the button loop opening at the back and “faux” patch pockets at the front, which make it special, feminine and very comfortable.

Cut from beautiful yarn-dyed [Premium Finish 100% linen](#), this dress feels and looks great! It's one of those timeless pieces that every woman should own so we thought we'd show you how to make one.

Materials



2.5 yards of [IL042 903 FS Premier Finish](#) 100% Medium Weight Linen

Matching sewing thread, one button, fusible interfacing

Tools



Pattern paper, ruler, pen, scissors, pins, fabric marker, needle, chalk, sewing machine

Time

3-4 hours

Difficulty

Beginner

Pattern

You can access the FREE Multisized downloadable PDF patter [HERE](#).

Note that you'll also need to cut three 1 (2.5 cm) large strips of fabric on the bias in order to make the bias tape for the neckline and the armholes. For detailed instructions on how to cut your bias tape please follow [this tutorial](#).

Steps

Note: Prewash your fabric and tumble dry it until it is still slightly moist, dry at room temperature. Iron the fabric so it is easier to work with.

1. Before assembling the front and the back together, you need to sew the back slit and the button loop closure. [HERE](#) is a step-by-step tutorial on how to do it.



2. When you finished sewing your back slit and the button loop (do not attach the button yet), you may assemble the front and the back of the dress by pinning the shoulder seams right sides together.



3. Sew the shoulder seams right sides together at $\frac{3}{8}$ " (1 cm) seam allowance, remember to backstitch.



4. Trim the seam allowance down to $\frac{1}{4}$ (6 mm) and serge or zigzag the raw

edges together to prevent the fabric from fraying. Press the seams flat folding the serged/zigzagged edges towards the back of your dress.



5. Bind the neckline following [this tutorial](#). Make sure that when you attach the binding the serged/zigzagged shoulder seam edge is folded towards the

back of your dress.



When you come to the back opening, tuck in the ends of your bias band as shown below:



Here's what your finished neckline will look like:



6. Now is the time to attach the button.



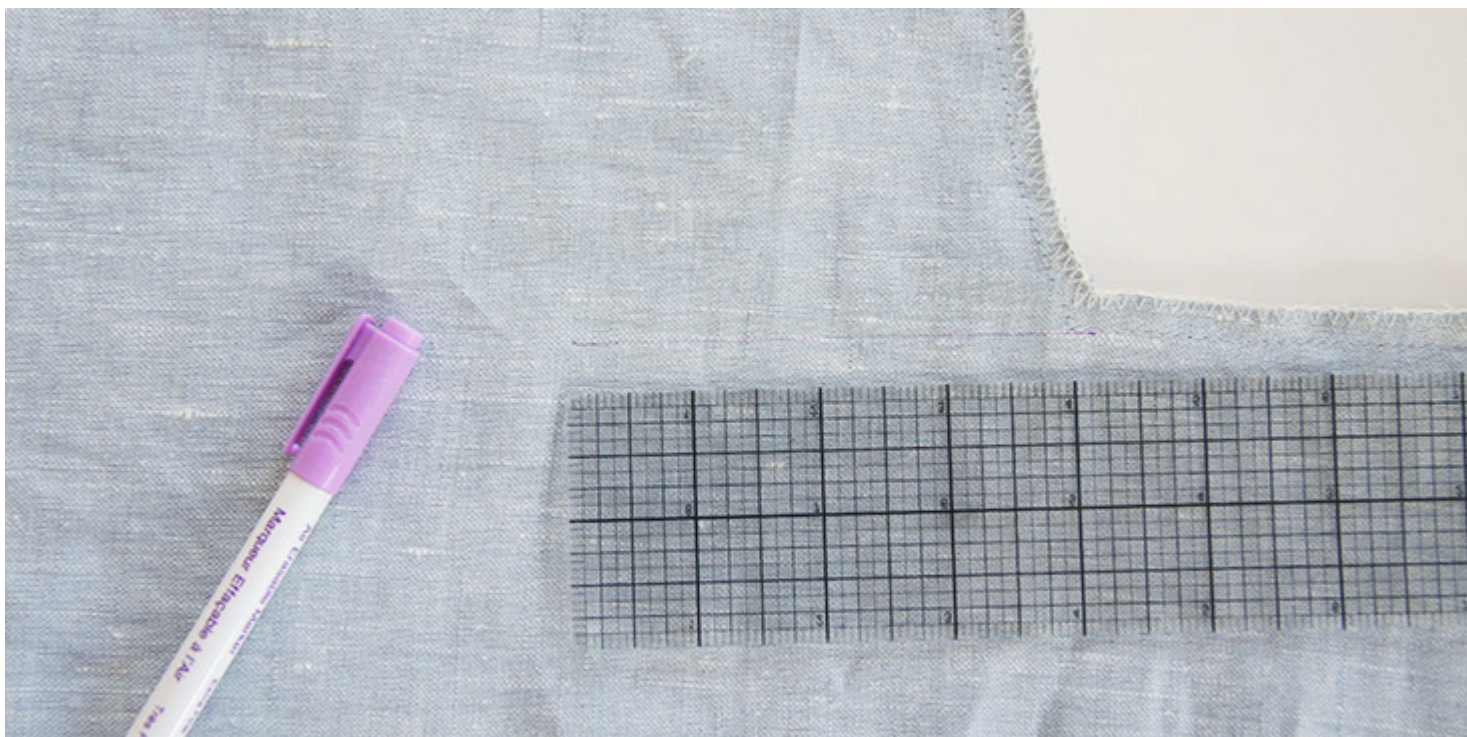
7. With the right sides together and the pockets matching up, pin the side seams together.



8. Sew at 3/8" (1 cm) seam allowance all along the pinned edges. Trim the seam allowance to 1/4" (0,6 cm) and serge or zigzag the raw edges together to prevent the fabric from fraying.



9. Take your ruler and draw a 4" line from the bottom of your pockets in the continuity of the side seam.



10. Stitch over that line to create a pocket opening. Remember to backstitch

at both ends.



11. Turn the dress right side out and tuck in the pockets. Press the seams flat folding the pockets towards the front of your dress.



12. Working from the wrong side, pin the pockets to the front of your dress. Make sure the back is not caught.



13. Stitch the pockets to the front panel of your dress (make sure the back panel is not caught) just on top of the stitched line that was used to assemble the pocket panels together.



14. Now topstitch the pockets again but this time about 1/8" from the serged/zig zagged edge. This second line should be parallel to the first one.



These two stitched lines will create a beautiful outline of your pockets on the

right side of the dress. You can even use a different color of the thread for more contrast.



15. Bind the armholes using the same tutorial as in step #5.



The last thing to do is to finish the bottom edge with a rolled hem.

16. First, fold and press the edge of the fabric $\frac{3}{8}$ " to the wrong side and then another $\frac{1}{2}$ " to enclose the raw edge within this second fold. Pin.



17. Stitch the fold from the wrong side as close to the inner edge as possible. Press.



Give the dress a good press and you're done! Such a great everyday basic that will easily become your wardrobe essential.

Have a browse through [our selection](#) of linen and see which of our fabrics inspire you for this project. This dress will look great in any color!

CATEGORY

1. FREE PATTERNS
2. TUTORIALS

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