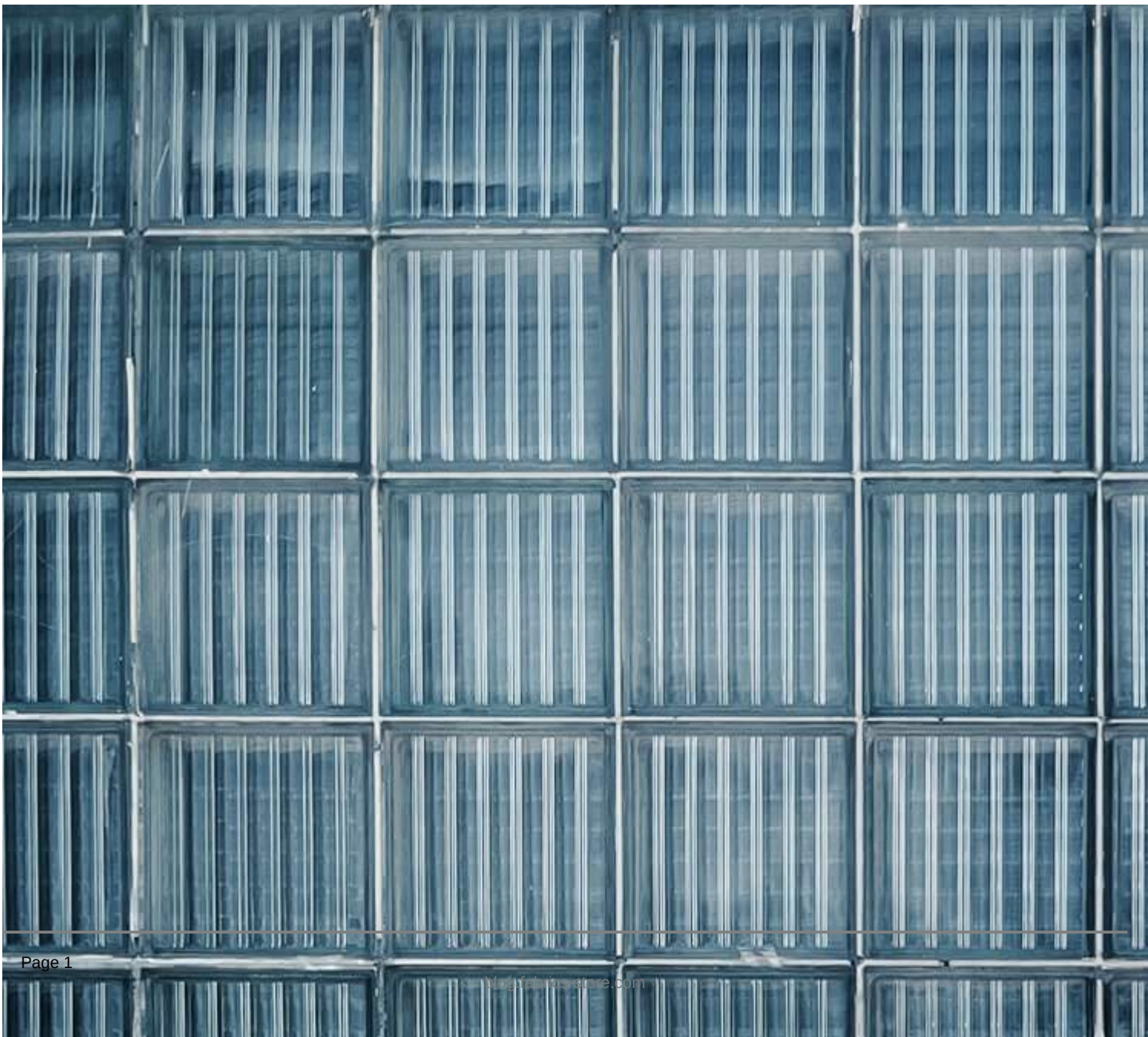


The Spring Effect: Renewal Sparks Creative Energy

Description



Arthur Pants made with FS Blue Bonnet All Purpose Medium Weight- Signature

Iâ??m sure Iâ??m not alone in feeling uninspired and, truthfully, not good enough during the winter months. When it comes to my creative energy and output, winter becomes a time of creative hibernation.

As I continue to navigate my personal creative journey and reflect on its evolution, I canâ??t help but consider the influence of seasonal changes.



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Spring brings with it a sense of rejuvenation. We celebrate it for its ability to breathe new life and energy into everything. But, beyond the blooming flowers and longer days, thereâ??s a deeper connection between spring and my creative journey.

I found myself a bit lost, trying to recapture the peak of my creative output and inspiration that I experienced last summer. Although I managed to make a handful of garments this winter, none of them resonated with me the way I hoped they wouldâ??none gave me the rush of joy I had been chasing for months.

Until the sun came out.



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Itâ??s often said that daylight has a direct impact on mood and energy levelsâ??itâ??s almost like a natural dose of dopamine.

I decided to jump on the â??horseshoeâ?• shaped pants wagon (whether you love them or hate them!), and I had been eyeing t the Arthur Pants by Sew Liberated for quite some time. In fact, I believe this pattern has been on my radar since I began sewing garments four years ago.

Originally, I chose to make these pants out of my favorite linen, the IL019 All Purpose Medium Weight- Signature Finish in the color Blue Bonnet because it felt reminiscent of denim (my go-to during colder months). I truly believe that linen can be worn all year round. However, this time, the creative spark just wasnâ??t there. Even with this on-trend silhouette and the incredibly soft and durable linen.



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I dreaded opening the instructions. I lacked the energy to cut out each pant panel (there are four in total for each legâ?¦), and between us, I think I chose the wrong colorâ??a decision that weighed heavily on meâ?¦ until the sun came outâ?¦

Fortunately, the all-purpose linen made the dreaded process of pattern prep easier. After pre-washing, this fabric is a joy to handle, to iron, and to cut.

Acknowledging my lack of drive, I allowed myself to construct the Arthur Pants slowly, never spending more than an hour across multiple days. I made some mistakes along the way, like sewing one back pocket to the inside lower hem of a back legâ??I left it there as a reminder of my silly mistake! Ha!



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By the time I finished these pants, LAâ??s short winter was over. We had more sunny days than gray ones, and the temperatures reached those mood-boosting levels. The sun filtered through my office blinds, and I saw the Arthur Pants in a new light (literally and figuratively!). I couldnâ??t wait to wear them, style them, and live in them.

Creativity isnâ??t always constant; it fluctuates, often with the seasons. Learning to embrace this natural rhythm is crucial for me as a maker. Andâ?¦ I really like these pants, even when the sun isnâ??t out.

CATEGORY

1. COMMUNITY
2. DOPAMINE SEWING
3. FABRIC REVIEWS

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