

Tutorial: Layer With Love or How To Make A Quilted Vest for Valentines (or All Seasons)

Description




A LIFE OF PICASSO
The Triumphant Years, 1917–1932
John Richardson
William N. Copley
Among Ourselves
JOAN MIRÓ
ANTONI GAUDÍ
TASCHEN
PARIS
Ansel Adams



If youâ??ve ever stepped away from a sewing project and given yourself a little pat on the back or a mental high five because you were so proud of the project, then you understand why Iâ??m smiling! I am in love with this project and feel inspired to make a few more variations for future projects. You could easily wear this quilted vest almost any time of the year. If you live in a warm climate, you can wear this vest alone, and if youâ??re in a cooler climate, you use your vest as a layer to add an extra warm hug to your day. Whether itâ??s a V-neck or scoop neck, this adorable vest can be made with linen or cotton fabric â?? the options go on and on. The vest can be as elaborate or as simple as youâ??d like! It can be quilted, color-blocked, appliquÃ©d, or hand-embroidered. This one can even be made reversible for additional outfit options!

The quilted vest is not a new concept. You can even find a great tutorial here on the blog. This will help you confidently make the vest and know where to start for the shape, size and structure of the project.

The sweetheart quilt square definitely adds an extra layer of interest as well as an even larger outlet for creativity, like choosing a different quilt block pattern. Sarahâ??s original tutorial allows for some variations. She mentions that pre-washing your linen is optional, but if you follow me, you know thatâ??s a crucial step for me. I always pre-wash, dry, and press ALL my fabrics first to avoid shrinking after making the garment. Sarah also shares that if you donâ??t have a vest pattern, you can use a shirt pattern that you already have. Simply leave off the sleeves and adjust the length and shoulder width to your preference. The front of the â??shirtâ?• will be cut straight up the middle for the vest.

Materials

1 yd Bleached signature finish 5.3oz
1 yd Sahara Rose signature finish 5.3oz
Â¼ yd Marsala signature finish 5.3oz
Â¼ yd Juniper softened 7.1oz

Coordinating Thread
Sewing Machine
Double fold bias tape made from fabric
Small amount of single fold bias tape for the inside of the vest and optional ties
Natural Quilt batting (crib size is enough)

Steps

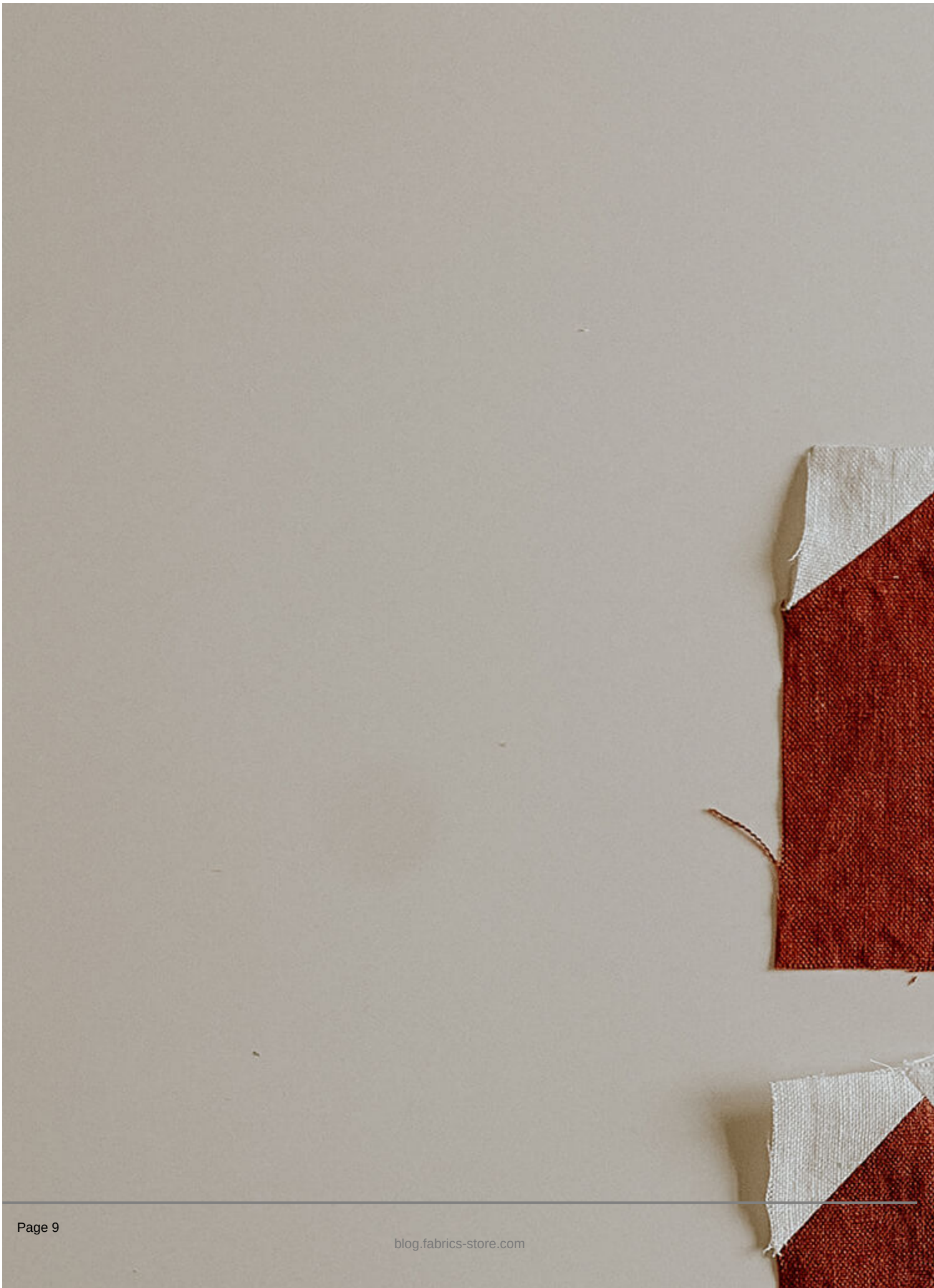
The back of my Sweetheart vest was created by making the quilt square and then adding fabric, first to both sides and trimming for a straight rectangle and then to the top and bottom to form a solid piece of fabric large enough to cut out the back of the vest. If you would like the sweetheart quilt square, I found it here. I also created some little triangle squares to add to the front before cutting out those pieces as well. The fabric you piece together just needs to be large enough to fit your vest pattern pieces. The inner seams are covered with single fold bias tape and the outer edges are all finished with double fold bias tape all made from the fabric used for the project.











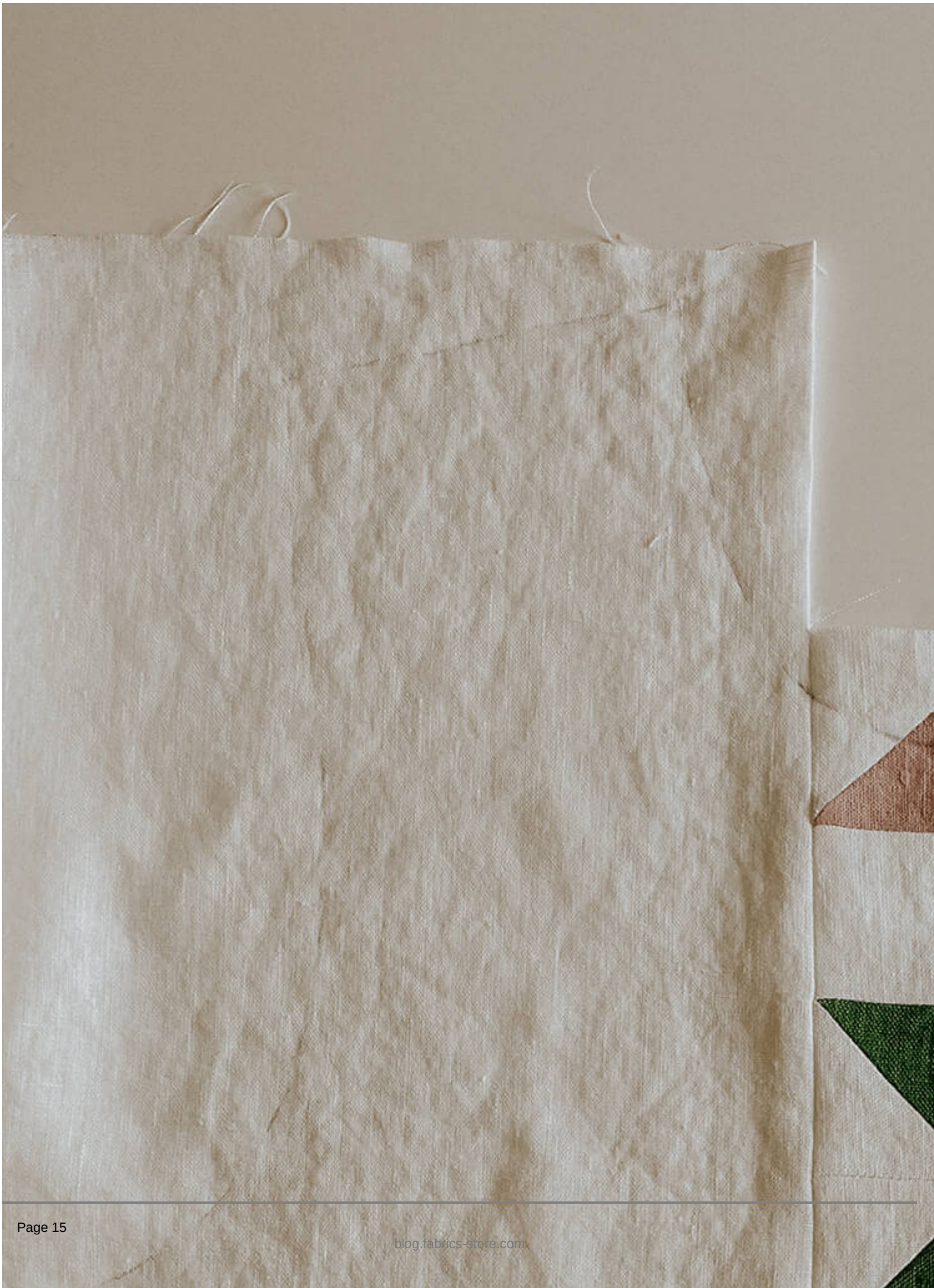






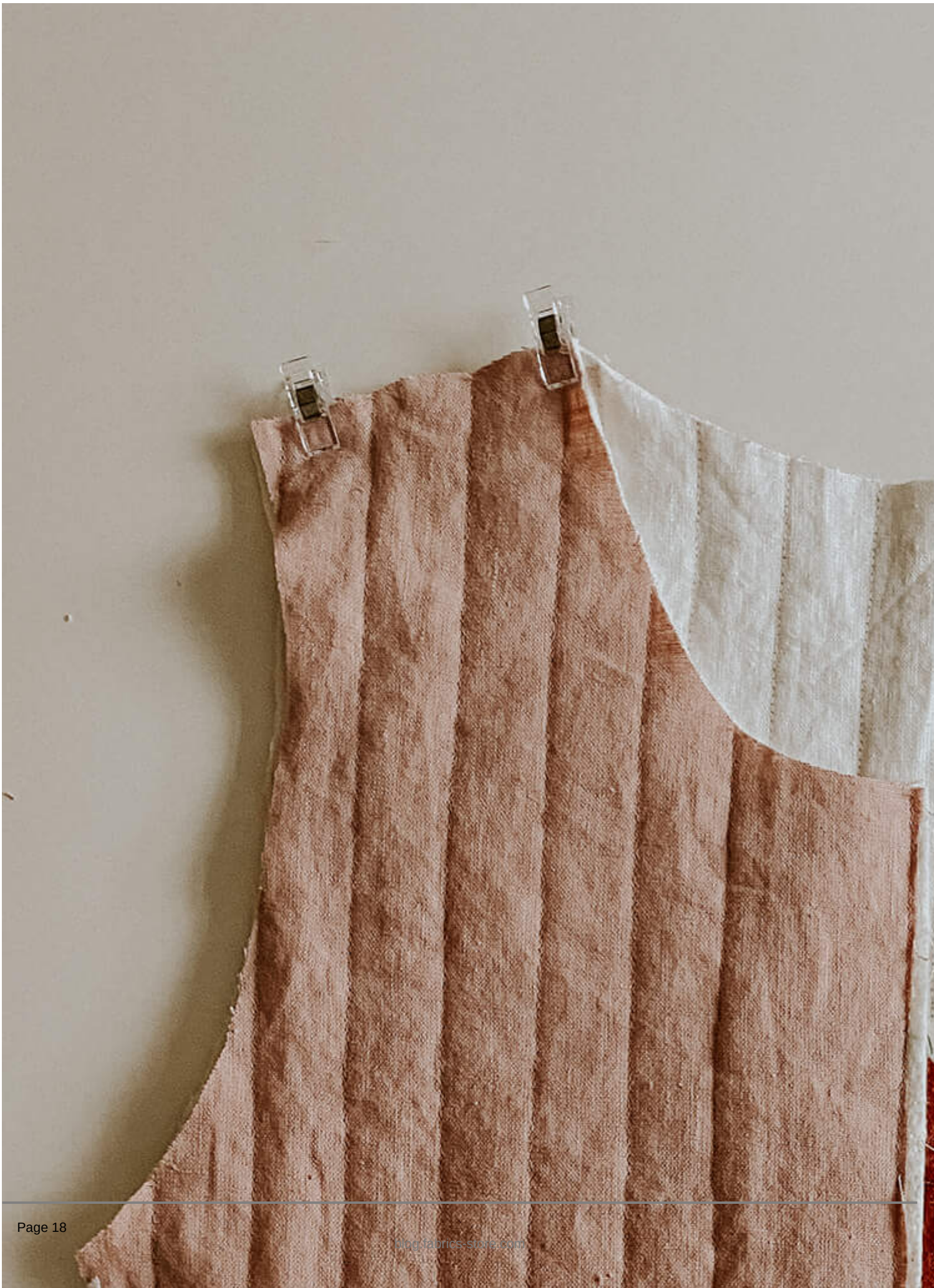


















Iâ??m delighted with how this turned out and am already working on my next one. I hope sewing this is a joyful process for you too. Happy Valentines day! Share your vests here on Fabrics-store and tag me on Instagram @ ma.ma.osa.

CATEGORY

1. SEWING PROJECTS

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