

Tutorial: Beeswax Food Wraps â?? A No Sew Fabric Project

Description



Beeswax Food Wraps. The idea occurred to me that these food wraps would be a very cute Valentine Gift with a little card and treat. I have heard so much about these food wraps as a more sustainable option than cling-wrap or plastic wrap for food storage. I have seen some cute ones in shops and online. The price varies quite a bit depending on the size where you purchase them. My Grandma Lula who was raised Mennonite as a child and young adult always had a â??can doâ?• attitude and would love to know that I often pick things up in stores and think â??I could make thisâ?•â?¦and so I do!

I set out and did some research. I am not reinventing the wheel, since I am new to this project and itâ??s always good to seek the wisdom of those that have gone before you. I found some VERY useful tips to pass on. I also wanted to make sure the supplies I used were extremely food safe. I found the three main ingredients online and spent around $45 BUT then discovered you can buy smaller amounts than what I purchased or the wax and resin in bar form and then grate or chop them smaller. They are all Organic and/or Food Grade making them very safe for your project. Additionally, you should know that the wraps last approximately 6 months and then can be composted. They should never be used to store meat as the meat juices can penetrate the fabric and grow bacteria but it seems like the majority of other foods get the greenlight and apparently they are ideal for cheese storage. These can also be super cute to wrap your packed lunch sandwiches.

Letâ??s jump into this project.

Materials


YELLOWell
by Sell-U
100% NATURAL
PINE ROSIN GROUND
The Perfect Pine Rosin for all of your projects, especially for beeswax food wraps, grip enhacer for sports, fire starters, soaps and more.
HARVESTED IN COLOMBIAN FORESTS
WWW.SHOPYELLOWELL.COM
WARNING!
THIS BAG IS NOT A TOY.
ORGANIC
WHITE BEESWAX
PELLETS
Triple filtered beeswax pellets for DIY
16 OZ / 453G
Cliganic
100% PURE & NATURAL
JOJOBA OIL
CERTIFIED ORGANIC
4 FL OZ./120mL

Jojoba Oil
Beeswax
Pine Resin
Fabric cut to size
Pinking shears
Aluminum Foil and Parchment Paper
Iron
Heat Safe Glass Jar
Pot
Wooden spoon or chopstick for stirring
Disposable Paint Brush
Food scale (optional)

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Measurements for 4 wraps:

3 teaspoons Jojoba Oil
100 grams Beeswax
20 grams Pine Resin

Fabric

Typically, it seems like people use cotton more than linen for this project. Here are my thoughts on this: all the natural antibacterial, hypoallergenic and sustainable properties of linen make linen a great choice for me! I used Fabrics-storeâ??s Light Pink Softened, Sahara Rose SF and Barn Red 5.3oz as well as the Pink Cotton Gingham 3.6oz and can see that I might have preferred the 3.7 oz for the linens just for the thinner fabric but am still pleased with my project in both linen and cotton.



Steps

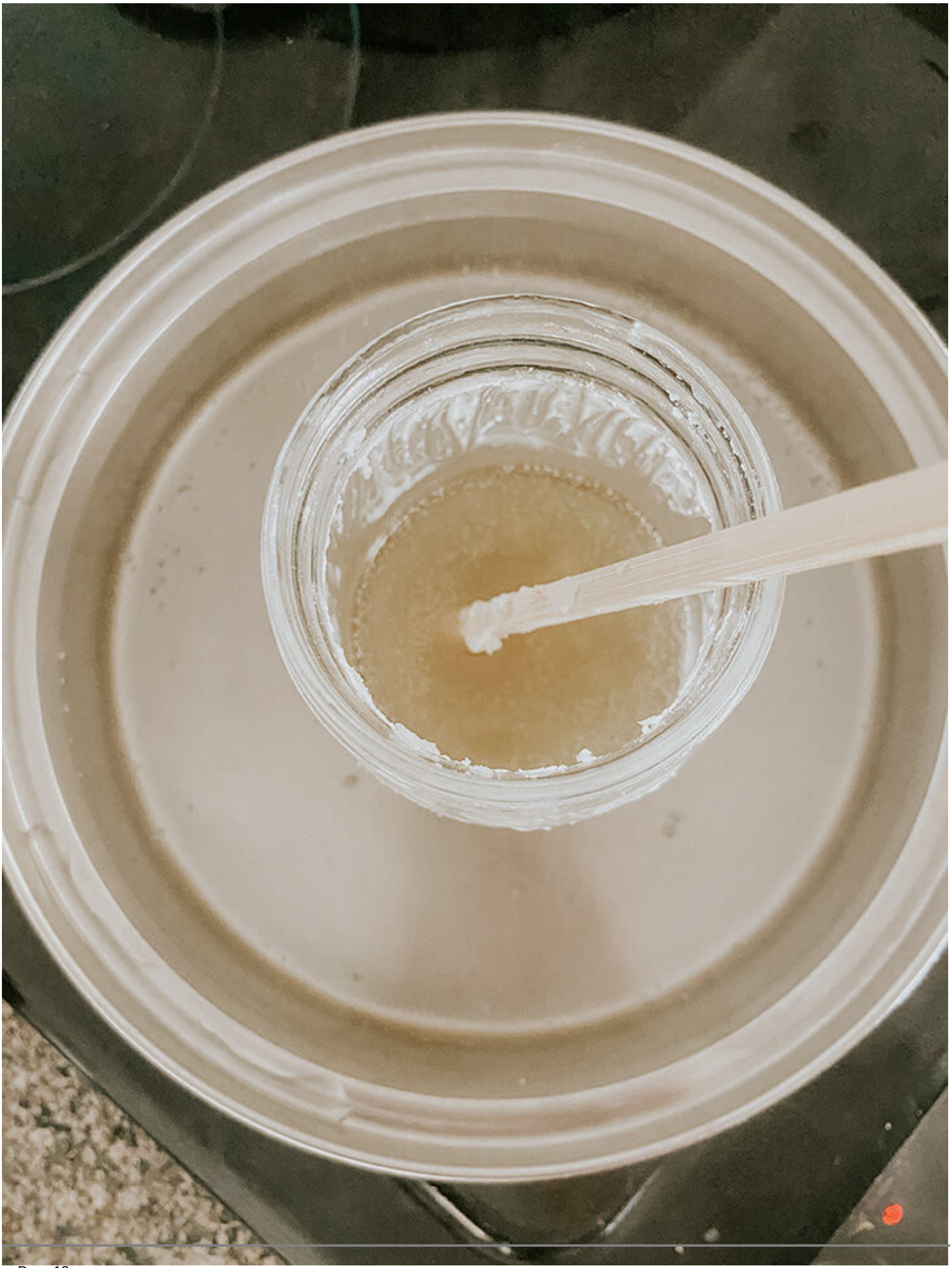
1. Wash, dry, iron and cut your fabric. Using pinking shears makes the edges lovely but is optional. The size options are up to you. I cut several options 9Ã?9 inches to 15Ã?15 inches.



2. Prep your work area. Cleaning up a waxy mess afterward can be avoided. Lay out two large pieces of aluminum foil. Cover with a generous piece of parchment paper and have another cut to the same size set aside for a top layer when ironing. Lay out your first piece of cloth. Get your pot ready with water and your heat safe glass jar. Cover your iron with aluminum foil! This was a warning I am glad I listened to as the wax did eventually spill out of the parchment and would have been rough to clean off my iron.



3. Measure out your 100 grams of beeswax and 20 grams of resin into the glass jar and begin to melt the contents double broiler style.



4. Once those two ingredients are almost melted, add your 3 teaspoons of jojoba oil and stir.


Cliganic
JOBA OIL

5. Use the paintbrush to brush the mixture onto the fabric as evenly as possible.



6. Cover with the additional piece of parchment and iron the fabric. This will help the wax penetrate through to the other side and will smooth the wax evenly around the cloth. Flip the parchment/fabric â??sandwichâ?• over and iron the other side to help spread the wax coating evenly.

7. Pull the cloth gently from the center of the parchment and shake gently in the air to dry or hang on a clothesline. I still had command strips up from Christmas decorations so I made a little indoor clothesline.



8. YAY! You did it and I bet you will want to make bunches of them!

Now you can make some brownies or other valentineâ??s treats. The little red hearts in the picture are pasta colored with red beet and tomato and I will definitely be making alfredo sauce and serving these in a bowl for my Valentine.

Happy Valentineâ??s Day OXO ~ Alisha

CATEGORY

1. SEWING PROJECTS
2. TUTORIALS

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