Linen Shirt Dress Tutorial and Free Pattern

Description

There are few things in life as delightful as a breezy white shirt on a hot summer day' especially one made of 100% linen. Not only does it feel good against the skin, but it breathes and dries quickly making it the ultimate summer fabric (that can also be worn all year round). We also love linen for its raw, organic texture and a lived-in look. So effortlessly chic, a linen shirt is an absolute wardrobe essential for all ages and seasons!

However, the retail prices for good quality linen shirts tend to be pretty high. So, if you can't justify spending a couple of hundred dollars on a shirt, this tutorial is for you!

Our beautiful linen shirtdress has a relaxed boxy shape for additional comfort with some classic styling like a point collar, back yoke and set-in sleeves. It comes in an easy, below-the-knee length and features slinky side slits. Simple yet elegant, this shirt is a modern classic that will match up with the rest of your wardrobe with an understated flair.
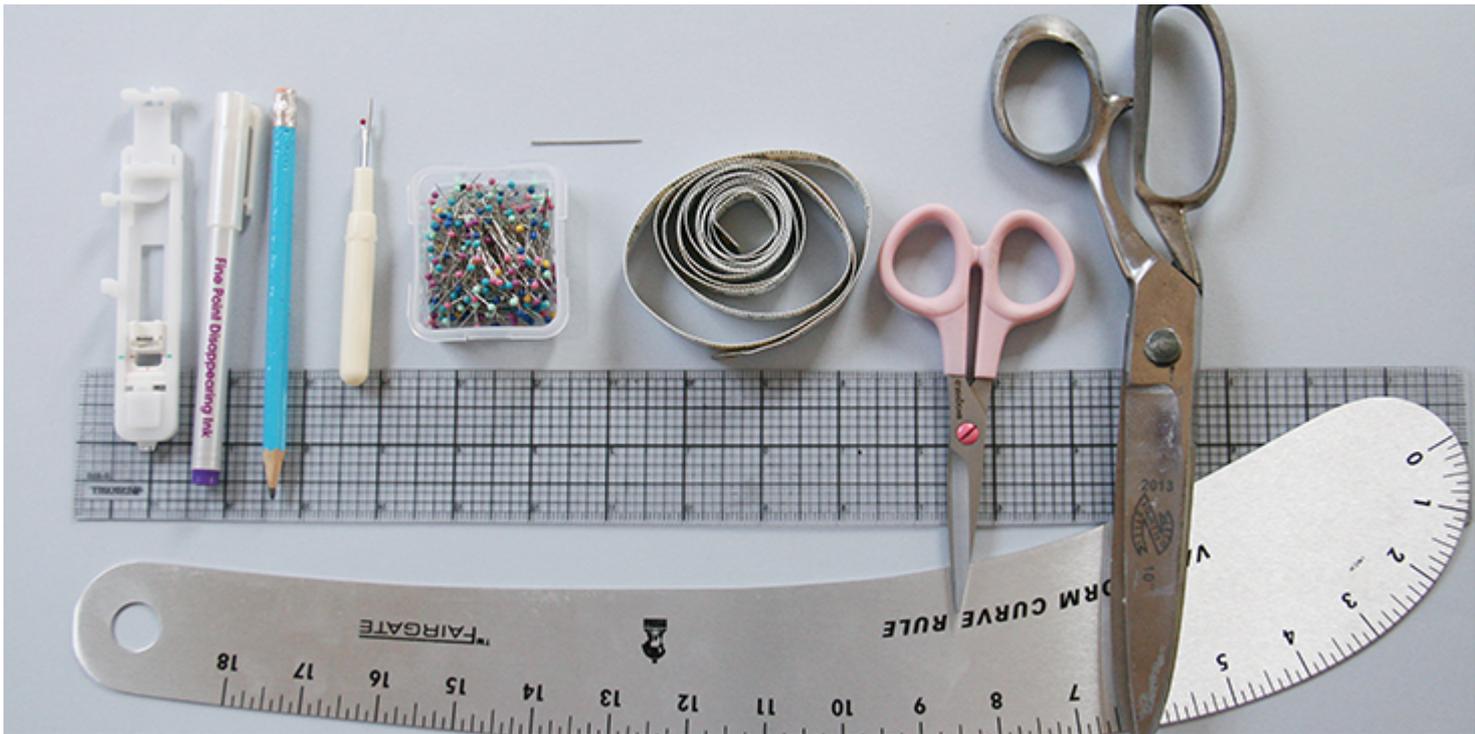
Materials

F|S

2 yards of IL019 PRISTINE Softened Medium Weight Linen

Matching sewing thread, 10-12 buttons, fusible interfacing (for the collar and the button bands).

Tools

Pattern paper, pen, fabric marker, scissors, pins, seam ripper, chalk, ruler, French/hip curve, measuring tape, buttonhole foot, needle, sewing machine

Difficulty

Intermediate

Time

5-7 hours

Pattern

You can access the shirt pattern by following this link HERE. Remember to add seam allowances as indicated in the pattern. To draw the collar pattern that will fit perfectly your finished shirt, follow the instructions in THIS tutorial.

The diagram shows the pattern for US size 6-8 (UK size 10-12). If you need help grading your pattern, please followÂ this tutorial. Also, if you need help adjusting the pattern for a fuller bust, we have a great Full Bust Adjustment tutorial HERE.

Steps

Note: Prewash your fabric and tumble dry it until it is still slightly moist, dry in room temperature. Iron the fabric so it is easier to work with.

1. We'll start with the front button bands. Follow our detailed tutorial HERE that explains how to sew the button bands the classic way.

Alright, now that you're done with the button bands, it's time to prepare your back bodice.

2. Working from the right side, Pleat the fabric at the center back (thefinished pleat is 1 wide) as shown below and baste across the pleat tosecure it. Make sure that your pleated fabric matches the yoke.

3. Pin the two back pieces right sides together.

4. Sew at a 3/8Â (1 cm) seam allowance, remember to backstitch. Trim the seam allowance down to 1/4 (6 mm) and serge or zigzag the raw edges together to prevent the fabric from fraying. Press the seams flat folding the serged/zigzagged edges to one side.

5. Now you can assemble the front and the back of the shirt by pinning them right sides together at the shoulder seams.

6. Sew the shoulder seams right sides together at 3/8Â (1 cm) seam allowance, remember to backstitch. Trim the seam allowance down to 1/4 (6 mm), serge or zigzag the raw edges together and press the seams flat folding the serged/zigzagged edges towards the back of your shirt.

7. Draft, sew and attach the shirt collar following our step-by-step tutorial [HERE](#).

8. Time to attach the sleeves. Pin the sleeves to the armholes right sides

together.

9. Sew at a 3/8" (1 cm) seam allowance. Serge or zigzag the raw edges together to prevent the fabric from fraying. Press the serged/zigzagged seam allowances up towards the sleeves.

10. Time to sew the underarms and the side seams. However, since our shirt features side slits, we need to finish the raw edges before we start sewing. So, serge/zigzag all raw edges of the side seams and the underarms to prevent the fabric from fraying.

11. Now pin the sleeves and the side seams right sides together all in one seam.

12. Measure 10" (25.5 cm) from the bottom hem and mark the beginning of your side slits.
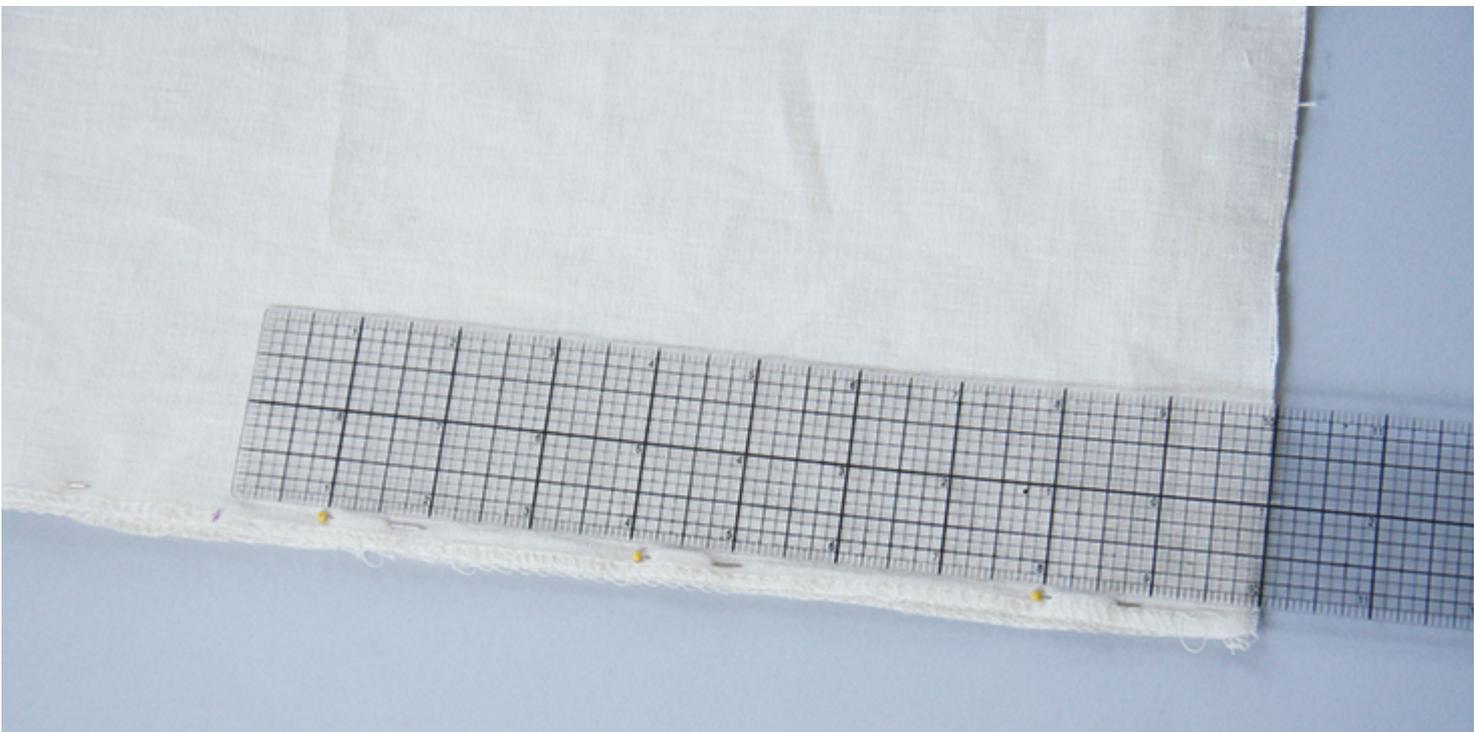
13. Sew the pinned edges at a 3/8" (1 cm) seam allowance from the sleeve

opening up to the mark that indicates the beginning of your side slits. Following the line of the side seam, press the two flaps of the slit open toward the wrong side of your garment.

14. Topstitch around the side slits to prevent the seam allowance from rolling

up.

15. Finish the sleeve openings with a rolled hem. Fold the fabric twice towards the wrong side, 3/8Â (1 cm) to 1/2 inch (1,3 cm), press, pin, and stitch.

16. Finish the bottom hem the same way you finished the sleeves: fold the fabric twice towards the wrong side, 3/8Â (1 cm) to 1/2 inch (1,3 cm), press and pin. Make sure the two button bands match. The best way to do so is to overlap and pin the two button bands together and then start folding the

fabric from where they meet at the bottom.

Stitch as close to the folded edge as possible to finish the bottom hem.

17. Lastly, sew the buttonholes and attach the buttons.

For the buttonholes, you can follow our detailed tutorial HERE. As for the buttons, check our tutorial HERE for instructions.

The number and the spacing are really up to you. If you want your buttons closer, just leave smaller gaps between them. We decided to space our buttons 2,5 (6 cm) apart. Overlap the shirt and place a pin into the center of each buttonhole. This is where you'll need to attach the buttons.

Give your shirt a good press and you are all done!

Check out our selection of linen fabrics and see which color inspires you for this beautiful project!

CATEGORY

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