



## Quilted Linen Vest Tutorial

### Description









A colder season is approaching and we're welcoming it with our quilted linen vest!

Cut from our bestselling [natural medium-weight linen](#), this vest would work great with a variety of everyday looks. Wear it over a shirt or a turtleneck in the colder months and over a t-shirt or a lightweight dress in spring/summer to layer up for extra comfort and snuggly warmth.

This vest is like your favorite blanket that feels so great on a chilly day!

## ***Materials***



2 yards of [IL019 MIX NATURAL Softened linen](#)

1 yard of medium weight cotton batting, matching sewing thread

## ***Tools***



Scissors, ruler, pins, safety pins, disappearing ink pen, chalk, 18mm bias tape maker, sewing machine

## ***Time***

4-5 hours

## ***Difficulty***

Beginner

## ***Pattern***



Link to the pattern can be found [HERE](#). Remember to add seam allowances as indicated in the pattern. You'll also need to make approximately 3 yards of continuous bias tape for the binding (armholes, shoulders, neckline, front slit, bottom hem) so make sure you have enough fabric left. For detailed instructions on how to make your bias tape please follow [this tutorial](#).

The diagram shows the pattern for US size 6 – 8 (UK size 10 – 12). If you need help grading your pattern, please follow [this tutorial](#).

## ***Steps***

Note: Prewash your fabric and tumble dry it until it is still slightly moist, dry in room temperature. Iron the fabric so it is easier to work with.

1. Once you've cut the outer fabric pieces and the lining (you should have one back piece and two front mirror pieces in each fabric), you need to assemble the outer back and front together. Pin the side seams right sides together.



2. Sew the side seams right sides together at a  $\frac{3}{8}$ " (1 cm) seam allowance.



3. Press the seams open.





4. Repeat steps 1-3 with the lining.

5. Lay the batting out flat, you can trim it down to a smaller size (so that it's easier to work with) but still larger than the three vest pieces attached together. Smooth out any wrinkles and pin the outer vest that you've just sewn wrong side to the batting. You can use safety pins to pin through all the layers.



6. Trim the batting so that it's the same size as the vest and pin the wrong side of the lining to the other side of the batting so that the batting is sandwiched between the outer fabric and the lining.





7. Now it's time to quilt! With your lining side facing you, layout the quilting grid by drawing parallel lines every 2 inches (5 cm). Use a disappearing ink pen or a piece of chalk.



8. Set your sewing machine on a longer stitch (since we have a lot of layers to stitch through) and quilt along the marked lines using your machine's walking foot.

9. Turn your vest wrong side (lining) out and pin the shoulder seams together.



10. Sew the shoulders at a  $\frac{3}{8}$ " (1 cm) seam allowance.



11. If you still haven't made your bias tape, now is a good time to do so by following our detailed tutorial [HERE](#). We'll now need to enclose the



shoulders' raw edges within the bias tape. Open up one side of the bias tape and pin it (wrong side up) to the raw edge of the shoulder seam.



12. Trim the ends of the bias tape to match the length of the shoulder seam and stitch it in place. Trim the shoulders seam allowance down to 1/4" (6mm).



13. Then fold the bias tape and attach it to the other side of the shoulder seam. Attach the tape by stitching it in the crease formed on the other side of the shoulder seam.







Bind the armholes using the same technique.

14. When you have pinned all the way around the armhole, stitch the two ends together where they meet. Trim the ends to 1/4" (6 mm), press the seam open and sew the binding around the armhole.













16. Finish the vest by binding the neckline, front slit and the bottom hem with a continuous strip of bias tape. Start and end at the center back.







Et voila! You now have a very pretty quilted vest that will keep you warm throughout the year!

**Have a browse through [our selection of linen fabric](#) to find a color that will inspire you to try this fun sewing project!**

## CATEGORY

1. SEWING PROJECTS
2. TUTORIALS

## Category

1. SEWING PROJECTS
2. TUTORIALS

## Date Created

October 24, 2016



## Author

rima-khusainova