

One Yard Sewing Project: Linen Apron Tank Top Tutorial

Description





The ultimate season-less top, this linen apron tank can be worn all summer long and layered over for the colder months. It is also one of those great one yard sewing projects that will take only a couple of hours of your time and would make a good addition to your wardrobe.

This minimal apron tank features a flattering round neckline, deep side slits, low armholes and a high-low hem, all in soft and creamy lightweight linen.

Wear it on bare skin if you dare, or layered over a turtleneck, shirt or even a dress! It also looks great with high-waisted jeans or pants.

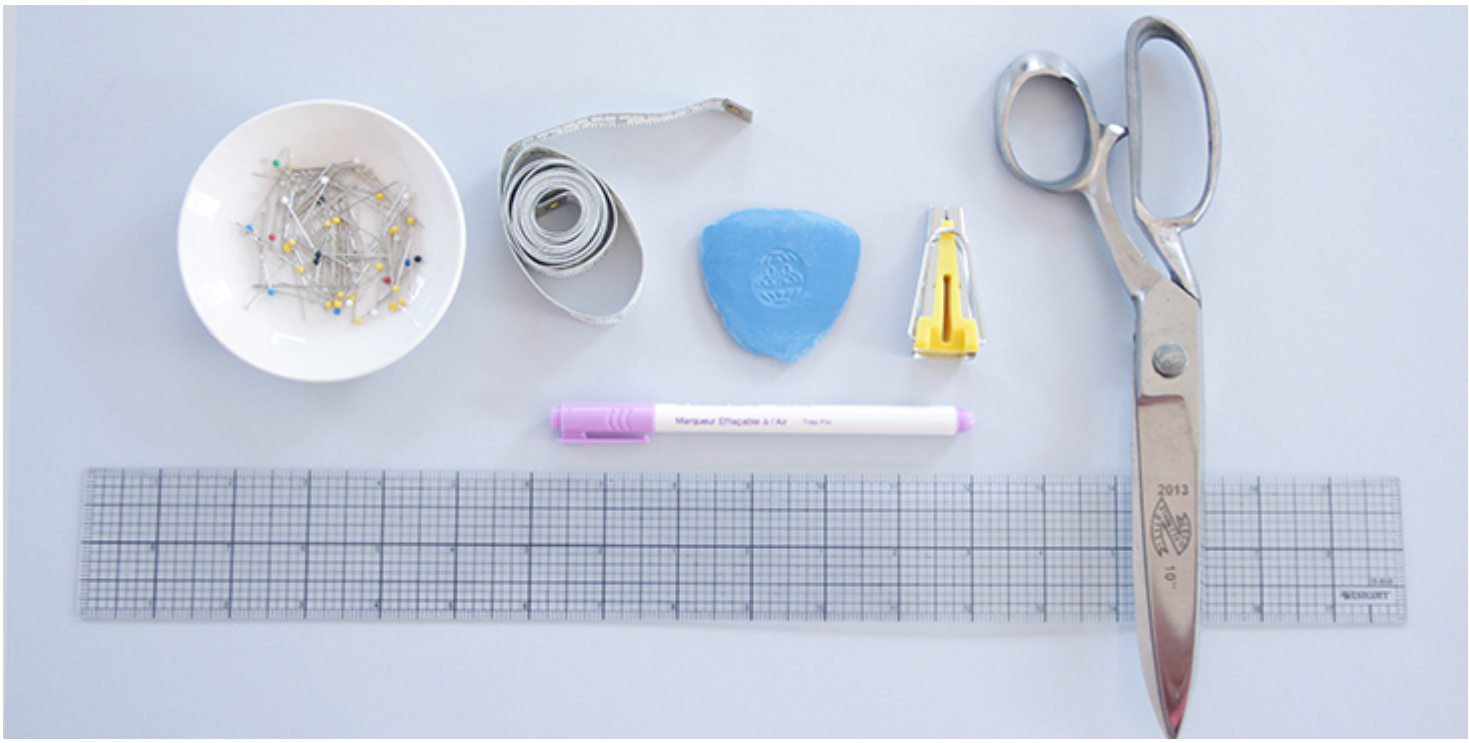
Materials



1 yard of 1C64 WHITE SAND Softened 100% Linen

Matching sewing thread

Tools



Scissors, ruler, pins, fabric marker, 12mm bias tape maker, measuring tape, sewing machine

Time

1-2 hours

Difficulty

Beginner

Pattern

You can access the pattern by following this link HERE. Remember to add seam allowances as indicated in the pattern.

Note that youâ??ll also need to make some bias tape for the neckline and the entire back and front side & bottom openings as well as for the armholes (including the ties). For detailed instructions on how to cut and make your

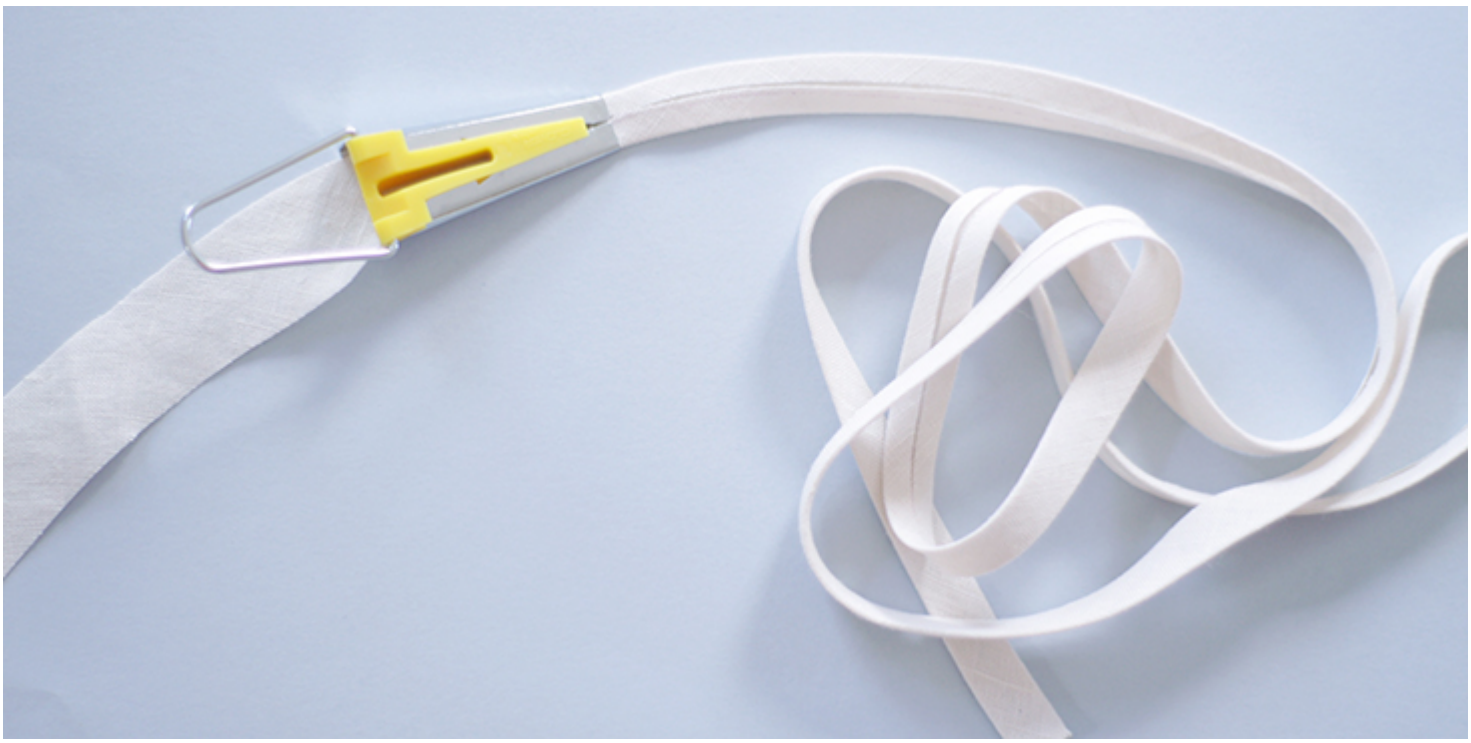
bias tape please follow this tutorial.

The diagram shows the pattern for sizes XS to M. If you need help grading your pattern, please follow this tutorial.

Steps

Note: Prewash your fabric and tumble dry it until it is still slightly moist, dry in room temperature. Iron the fabric so it is easier to work with.

1. Letâ??s start by making the bias tape. Cut 4 pretty long and continuous strips of fabric for the armholes+ties and the front and back side+hem openings. Cut a shorter strip for the neckline. Follow this detailed tutorial that explains how to cut the fabric on bias and use your bias tape maker to make your own bias tape.



2. Fold your bias tape in half lengthwise and press.



3. Now pin your shoulder seams right sides together.



4. Sew at a 3/8â?• (1 cm) seam allowance.



5. Serge or zigzag the raw edges together to prevent the fabric from fraying.

6. Press the serged/zigzagged seam allowances up towards the back of your tank.



7. Turn your top right side out and pin the bias tape around the neckline. Use plenty of pins to get the band seated in the neckline as much as possible.



Make sure the neckline edge is inserted all the way into the crease of the tape and that the bias tape is not too loose nor too tight. Otherwise, your finished neckline might gape at the shoulders. Leave 1.15 inch (3cm) of tail unpinned at the back.

8. With the wrong side of the tape facing outwards, pin the tails together. Stitch along the line where the tails meet in order to create a circle. Trim away any excess fabric and press the seam open.



9. Refold the tape onto its right side and pin onto the remaining hem. Topstitch the tape in place through all the layers (starting and ending at the center back) and give it a good press.



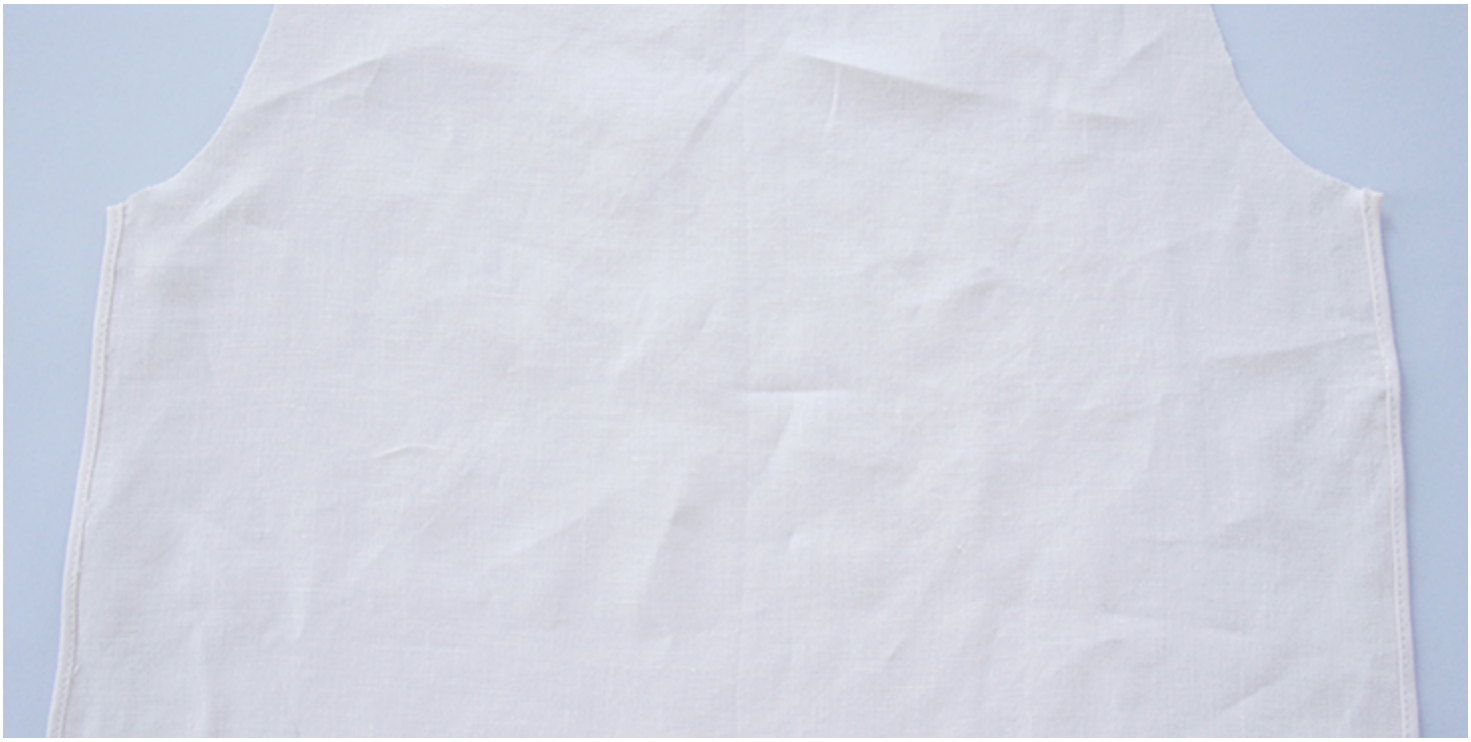


10. Now you need to attach the bias tape to the entire front opening (side and bottom edges). Working from the right side of your garment, pin the bias tape to the tankâ??s front starting from the left underarm and finishing at the right underarm. Leave 1â?• (2,5 cm) tails at both ends.





11. Topstitch the tape in place through all the layers and trim the excess fabric. Donâ??t worry about tapeâ??s raw edges, they will later be enclosed under the armhole binding.





12. Repeat for the back piece.

13. Finally, you can bind the armholes and create the ties using a long strip of bias tape. Fold your strip in half and pin the tape all around the armhole opening starting at the shoulder point. Donâ??t trim the long tails, they will later become your ties.



The length of the ties is really up to you. Ours are 18â?• (46 cm) long.

14. Fold one of the ends towards the inside as shown in the picture below:



Now fold your end in half lengthwise in the continuity of the bias tape and pin.



15. Start edgestitching the tie from the folded end and all the way around the armhole until you reach the other end. Repeat step 15 and stitch the other end.







16. Repeat for the other armhole and donâ??t forget to press when you are done.



Et voila! A very easy sewing project that can be done in just a couple of hours!

If you prefer to have something heavier or cozier looking for the autumn months, you can check out our heavier linen section!

CATEGORY

1. SEWING PROJECTS
2. TUTORIALS

Category

1. SEWING PROJECTS
2. TUTORIALS

Date Created
October 17, 2016
Author

rima-khusainova